Impact Report Fall 2023



Thank you, your support means a lot

Your support helps us to continue to create hope and empower change for persons facing mental health and substance use challenges.

Every bit of support counts and we are grateful you are part of our community of donors.

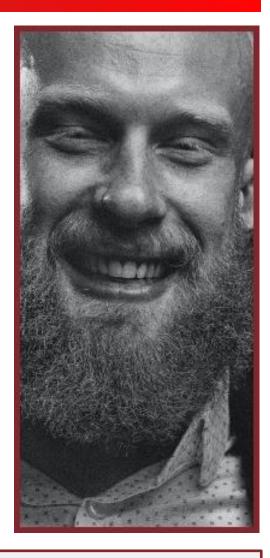
- 55 individuals & foundations gave last year
- Donations of **\$33,515.08** helped support people & programming
- **29,821** people came through the doors at St. Michael's Homes

The need for your support is great

The last few years have been challenging for so many. The need to focus more on mental health and substance use challenges are increasing in our community. St. Michael's Homes is an important part of meeting this need in Toronto.

Did you know that an estimated **21% of Canadians**, about 6 million people, will meet the criteria for addiction in their lifetime?

So, you really make a difference every time you support St. Michael's Homes. Thank you!

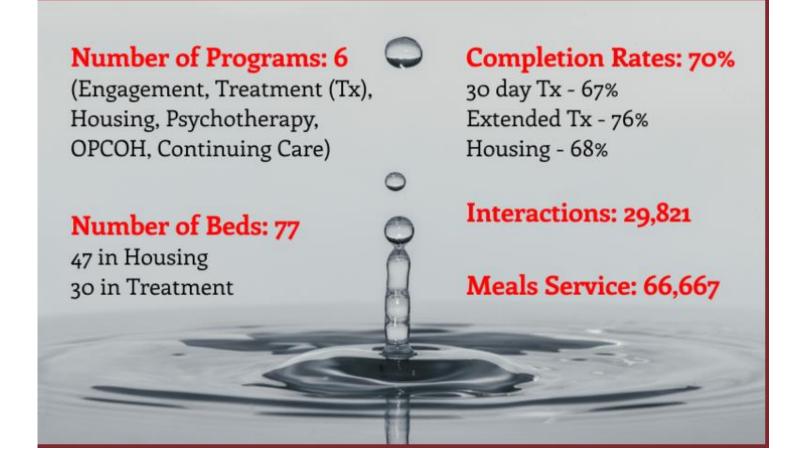


The real impact of our work

Recovery from addiction is not a straight path and at St. Michael's Homes we walk the path alongside our clients in their addictions and their life experiences that can cause relapse and prevent them from living their fullest lives.

Participants in St. Michael's Homes' programs successfully complete programming at a higher rate than the average program, as we support them through challenges, whether they be mental health, trauma, or slips on the road to recovery.

When you support the programming and services of St. Michael's Homes, you're supporting individuals who want to get well and who want to build the tools they will need for success.



Focus on Individual Context

This success is in the context that at St. Michael's Homes, we welcome people with the most complex health and social issues (concurrent mental health, physical health, trauma, criminal justice involvement, and chronic homelessness) as we are committed to serving those who face the greatest barriers to accessing care in their recovery from substance use and mental illness.

Keep in touch

Contact Rachael Whale, Director of Operations & Administration at <u>rwhale@stmichaelshomes.org</u> to find out more about how your support makes a difference for people facing mental health and substance us challenges.

We would also be happy to answer any questions you may have.



Our Mission: Providing quality care to individuals living with mental health and substance use challenges so they can build their most meaningful lives.